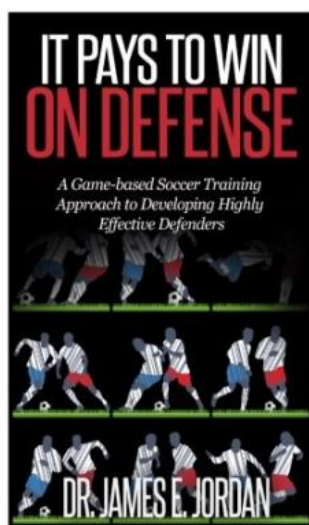



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It Pays to Win on Defense: A Game-Based Soccer Approach to Developing Highly Effective Defenders (Paperback)

By Dr James E Jordan

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Named to US Youth Soccer s Recommended Reading List in September, 2015, It Pays to Win on Defense is a book for soccer coaches who are looking for the most effective way to engage all of their players all of the time in order to teach them how to best keep the ball out of their own team s goal! The book provides an all-encompassing framework for instilling the skills and mindset necessary for highly effective defenders. By combining educational theory and making everything a competition, coaches can maximize their practice time and teach that defending concepts are not just limited to certain players (e.g. the centre backs or the defensive midfielders). As I tell my teams, when we don t have the ball, EVERYONE is a defender. Therefore, EVERY player on your team needs to know how to defend and defend well! Whether you are an experienced coach or a volunteer parent just starting out, there is something for everyone in this book. It Pays to Win on Defense includes 50 games that bring...



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Reviews

A fresh e-book with a brand new point of view. It really is packed with knowledge and wisdom Its been designed in an exceedingly simple way and is particularly simply following i finished reading this publication through which actually modified me, alter the way i really believe.

-- **Bernhard Russel**

Basically no phrases to clarify. It really is writter in straightforward phrases rather than hard to understand. You will not sense monotony at at any moment of your own time (that's what catalogues are for concerning if you ask me).

-- **Doris Beier**