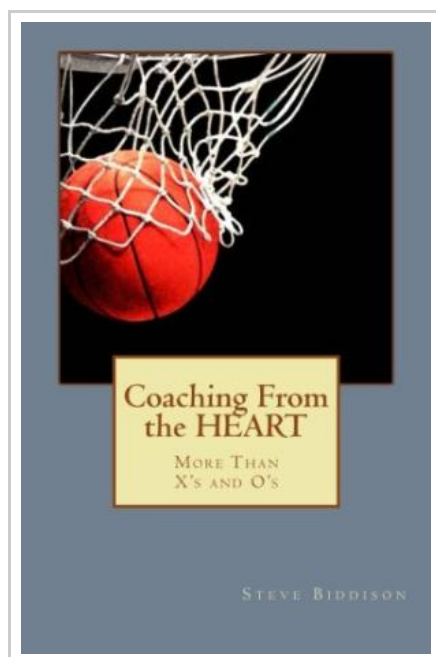




Coaching from the Heart (Paperback)

By Steve Biddison

Createspace, United States, 2012. Paperback. Book Condition: New. 208 x 137 mm. Language: English . Brand New Book ***** Print on Demand *****.Coach Steve Biddison has a history of turning basketball programs around. Four times in his career he has taken over teams who had losing records and turned them into a playoff team. Coaching From the HEART is a detailed account how he works to change the mindset of players who are used to losing and turn them into winners. Using the acronym of HEART, Coach Biddison explains how Hard Work, Enthusiasm, Attitudes of Confidence, Relationships, and Talent gells a program together to form the Heart of a Champion. Each chapter is dedicated to one of those five core values that make up a successful basketball program. Along the way, Coach Biddison gives personal accounts of how he worked to instill these values into his team. If you are a basketball coach, or any other type of coach, this is a must book as it will get you thinking about how to really reach inside the hearts and minds of your players and give them the best opportunity to succeed.



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Reviews

Simply no phrases to clarify. It is really basic but surprises from the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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This publication is wonderful. I actually have go through and i am sure that i am going to going to study once more once more down the road. I am easily could get a enjoyment of studying a written book.

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